

Little Peanuts E.L.C

215 Haly street, Kingaroy

www.littlepeanutsearlylearningcentre.com.au

PH: 41636928

Welcome to another addition at Little Peanuts!

Winter is now in full swing and Jack Frost has made it to our door. This means laying the kids up to keep warm. Unfortunately we are getting a collection of lost property that is feeling very lonely that it doesn't have an owner. If you are missing any of your child's belongings please check in the rooms or at the front counter. We can't hold onto these items for long and they will be donated if owners aren't found. It is important to try and keep everything labeled so that your child's items can make it back where they belong.

On our quest for inclusion, diversity and inclusive practices we have been following up with all families on their heritage. Half way up the hallway near the Green Treefrogs room we have now got displayed our world map. Over the coming months we aim to explore all the rich heritage our families (you) have to offer and build on our cultural competence as a Centre. We aim to acknowledge all cultural bases, backgrounds and traditions.

If you are interested in sharing some of your culture with us by reading a story, participating in a learning experience (for ex cooking) that would be fantastic and we would be forever grateful. Please see your room Lead Educators or Helen or Amber in the office to organize this.

As it is the new financial year all absences with Centrelink have reset. Please be mindful of these throughout the financial year and if you get close to going over them ensure you provide the Centre with a medical certificate to cover them.

I just wanted to thank all our stakeholders and families for all the information gathered in our Philosophy review process. We are now reviewing our philosophy and once the changes have been made we will present our new Philosophy document.

Important Reminder:

Parents/ Caregivers please be aware that we have a child and an Educator that is Anaphylactic to Peanuts/ Nuts. Please refrain from bringing any nut products into the Centre for the wellbeing of all involved and your child unfortunately will not be able to eat these while here.



Reminders:

- Our No Smoking Policy: Please ensure you do not smoke within 10 meters of the Centre or Carpark. If you do wish to smoke, we kindly ask you to head out onto the footpath, Thank you.
- Your fees must be kept one week in advance ie (in credit). Please chat to Amber or Louise if you are struggling to do this. Your child's enrolment may be suspended for non-compliance of our Fee policy.

Upcoming Dates to Remember:

06-Jul-24	<u>Wondai Winter Race Day</u>
07 to 14-Jul-24	<u>NAIDOC Week - Cherbourg and Kingaroy</u>
07-Jul-24	17th Annual Reserve Forces Day - Wondai
14-Jul-24	<u>Power Up Show & Shine and Swap Meet - Nanango</u>
03-Aug-24	<u>29th Annual Kumbia Brain Drain</u>
12-Aug-24	South Burnett EKKA Show Holiday
14 to 18-Aug-24	<u>Scots In The Bush Festival, Boondooma Homestead</u>
16 to 18-Aug-24	<u>Kingaroy BaconFest</u>
30 & 31-Aug-24	<u>107th Annual Wondai Show, Wondai</u>

South Burnett Craicchs NAIDOC week family fun day. Memorial Park Activities Thursday 11th July Free entry. Activities include, Welcome to country, flag raising ceremony, smoking ceremony, Wakka Wakka dancers, Market stalls, Entertainment, Live music, Performers, art and craft displays, children's activities, creative workshops, and food stalls/BBQ.

Public Events/ Services:

Taabinga Tots Playgroup – Every Monday 9am-1030am @ Taabinga state school hall

Mainly Music – Every Tuesday during school term 10am @ Church in the market place

Nanango Markets – 1st Saturday of Every month

Kingaroy Friendship markets – 3rd Saturday of Every month

Wondai Markets – 4th Saturday of Every month

Yarraman Markets – Every Second Saturday

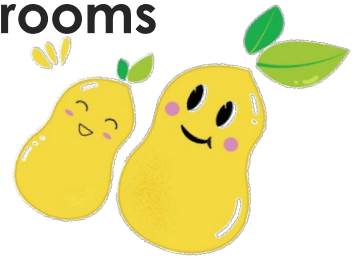
The South Burnett Pantry – Mon – Fri 830am-12pm

Nanango WMC Grace Community Food Hamper – Thursdays 830am-12pm

(Anyone can attend)



What learning is happening in the rooms



Baby Blue Birds

In the baby Blue Birds room, we have been learning all about Jungle Animals. Our Jungle display look fabulous thanks to our children's creativity. We have been offering our children finger painting and brush painting to extend on their physical fine motor skills. Our butterfly print painting is colourful, to further embed our learning about butterflies and caterpillars we have been reading "The Very Hungry Caterpillar" story several times spread over two weeks. We have set up a children's voice/input display so children's verbal/nonverbal communication can be included into the program. We invite our parents to let Educators know about their children's interests, skills abilities and goals for our program.

Yellow Bumble Bees

Oral Health: Children have been learning about cleaning their teeth. Each child has their own toothbrush and container, we have been talking about how you brush your teeth using the. We had a visit from the dentist in which a couple of the children from the yellow room attended. This activity was extended because of parent input. Thank you for your input into the program. The children have been interested in sea animals. We have been focusing on activities that incorporated colour recognition. We have also been working on fine motor movement using scissors.

Green Tree Frogs

Over the last few weeks, the Green Tree Frogs children have shown a great interest in name recognition and being able to identify their names. We have been also working with the children about respecting each other words and being kind to one another. The children have revisited their interest in Australian Animals where they completed an Australian Animal sticker collage. We were really surprised with facts that the children could remember about the animals.

Pink Periwinkles

Our friends in the PPW have been visiting countries from around the world. They board the airplane and set off to an interesting country. Once there our friends have had opportunity to taste different foods and experience a variety of activities from that visited country. The children have been able to express their voice as they engage in their own play and interest, and we have been scaffolding their learning from the different interests they have been exploring around the room.

Purple Possums

Over the past term the Kindy children have been learning about dinosaurs. We have done this by using matching dino cards, doing paintings of dinosaurs, reading dinosaur books, dino sensory play and so much more. We've also been focusing on a few useful tools for prep. Working on our independence, like putting on our shoes, etc, and writing our own name on our artwork. The children have come along way, and most can write their whole name. Families keep encouraging their independence throughout daily tasks. This will help them develop confidence and self-esteem as well as motivation and perseverance in school.

 **brighter futures** 

How to model good screen practices for your child

Last updated: March 25, 2024

Contents

Get involved and talk about the online world. Protect your child's personal information and avoid 'sharenting' or over sharing. Carve out some device-free time. Useful links

As a parent, how you use devices and what you do online can shape how your children relate to the online world.

As you pick up your phones, use social media or open your laptops to check your email, the children are watching and learning from you. What you do online and how you use devices provides a model that can help to lay the foundations for their online safety. So it's important for you, as parents and carers, to be aware of setting a good example.

In practice, this means getting involved in what children are watching and doing online, protecting their personal information and involving them in decisions about what you share online, as well as carving out some device-free time.

Below are some tips on modelling good screen practices so you can help your child stay safe as they explore.

Get involved and talk about the online world

You may often use screen time to occupy and entertain your little ones while you get on with your busy lives. But it's also important to use devices and screens as a way to start conversations with younger children, to help build their understanding of the online world.

Getting into the habit of talking also means that, as your child grows older, they know they can always come to you if they have a question or experience something negative online, such as seeing content that is not age appropriate.

Talk about the internet and networked technologies

It is widely understood that to see a purpose for online safety, you must understand the concept of networked technologies. Young children are building their understanding of this concept. While they may not yet understand the internet or data sharing, you can lay the foundations for online safety by talking about how devices and people 'talk' to one another online. Starting early with conversations about how the internet works and online safety encourages children to think critically about how data is stored, who can contact them online, and how online sharing might affect them. Read advice on [online safety basics](#)

Talk about what you do online

If you pick up your phone to send a text, post an update on social media or use a map to search for an address, take the opportunity to explain to your child what you are doing. Let them ask questions and talk about what you are doing and why.

Connecting with children during screen time

Watching or playing alongside your child can be a positive experience that promotes learning and development.

Ask questions, be curious and follow their interests — at the same time, you can gently introduce online safety tips, such as not clicking on pop-ups and always coming to you if they encounter anything that makes them feel uncomfortable or if someone outside their family and close friends contacts them online.

Protect your child's personal information and avoid 'sharenting' or over sharing

There are many benefits to sharing pictures and updates online and many valid reasons to share, whether it's to celebrate the birth of a child or another special event. All those Facebook photos are cute — but have you thought about how they might affect your child, grandchild, niece or nephew in the future?

That picture of them covered in cake on their first birthday may still be online when they are a teenager. Once it's online it can be very difficult to remove, and it may keep resurfacing in search results connected to their name. As they grow older and begin to develop their sense of self, their online identity or digital footprint will already have been shaped in detail by their parent and other family members.

Here are some tips to help you protect your child's personal information and model good sharing practices.

Ask permission

Before you take a photo of your child, ask their permission from an early age. Do the same before you share a photo or write something about them on social media. Let them know who will see it, why you want to share it, and respect their decision if they don't want to share it.

It may seem silly to ask permission from a two-year-old, particularly as children can't legally give consent to share their image. But that's not the point. The aim is to model consent and respectful data sharing practices. This example will come in handy when it's time for them to share photos online themselves.

Talk with children about what to share

Make sure your child is aware of what their 'personal information' is. Talk with children about how you [protect your personal information](#) — and theirs — online. Discuss what is appropriate to share, on which platforms and why, as well as the types of information that should stay private, like your address, contact information and date of birth.

Decide, together with your child, what you should share and who you should share it with. As a rule of thumb, it's a good idea to only post something online that you would be OK to share publicly with everyone.

Know who you are sharing with

Check the privacy and safety settings on all devices regularly. If you have older children, sit with them and show them the privacy settings for your social media accounts. Talk with them about the settings and explain how you can restrict sharing to smaller groups of people.

Remember, updating your privacy settings is not a failsafe, but it's a positive step to improving your online safety.

You can also use parental controls, filtering, and other online safety tools on devices that connect to the internet. Read advice on how to [tame the technology](#).

Carve out some device-free time

It's important to create some device-free times and zones in your home to help your child learn how to balance their activities. By demonstrating that you can put your phone down and concentrate on spending time with your child, without the distractions of being online and connected, you provide a really important model for them.

This is important for babies, toddlers, preschoolers and older children. Remember, as you pick up your phone and focus on the screen, your children are watching and learning from you.

Measure how long you and your child are online

Do you know how long you spend on social media or email each day? If not, it's a good idea to find out. Apple and Android devices have settings that allow you to monitor how much time you spend online. There are also apps you can use to monitor your online activity. Sometimes all you need is a little knowledge about how long you are spending online in order to change your habits.

You can also use the settings built into Apple and Android phones and tablets to set time limits on how long your child can use the device. This is especially useful for very young children as they see it as the device 'turning off' – not you imposing a rule.

Talking about a set amount of screen time with your child before they start to play a game or watch a program may also help them to transition to another activity when it is time to switch the device off.

Agree on device-free times

Talk together as a family about when everyone should put their devices down. Depending on your routine, this may be during meals and at night.

You might decide that you won't use devices in the morning. Or you could decide that Saturday afternoons are a device-free time for your family, in which you can all play a game together or do another special activity.

Research shows that it's important to turn devices off at least an hour before bedtime to ensure your child has the best quality sleep.

Certainly! Cold weather can impact children's health in several ways. Here are some common winter illnesses in kids:

1. **COVID-19:** Children can get COVID-19 at any time of the year, including winter. It's essential to get tested if your child shows symptoms or was exposed to COVID-19. [Preventive measures like vaccination, handwashing, mask-wearing, and avoiding crowds help reduce the spread¹.](#)
2. **RSV (Respiratory Syncytial Virus):** RSV is a common virus that can cause bronchiolitis in infants. Symptoms include cough, runny nose, and fever. [Swelling in tiny airways can be dangerous for infants¹.](#)
3. **Flu and Respiratory Infections:** Winter is a peak period for contagious illnesses. [Spending more time indoors with others increases the risk of catching and spreading flu and respiratory infections².](#)

[Factors like suppressed immune systems due to cold exposure and reduced vitamin D production \(due to less sunlight\) can compromise a child's ability to fend off illnesses during winter³.](#) To minimize risks, ensure proper clothing, cleanliness, and immunization. Stay healthy!

ACCOUNTS - Important information!!

It is important to make sure your childcare fees are paid up to date. This means that your account is to be paid **IN FULL** by the end of the week that we are currently in and is to be **1 week in advance.**

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If your account is in arrears please make payment immediately or contact Louise or Amber to discuss options.

****As we have very limited vacancies, could you please call at the earliest time to advise of changes to bookings****

***Ezi-Debit, Centrepay and Direct deposit are the preferred payment methods.**

ARE YOUR CHILDREN SIGNED IN AND OUT CORRECTLY?

Safety of the children is paramount here at Little Peanuts. We take great care in ensuring that the environment is safe for you child. We need your help to ensure this by making sure that you shut all doors and as you arrive and pick up your child/ren.

**** Please advise an Educator or Louise/Amber that your child is arriving/leaving and you require them to be signed in or out for you ****

It is absolutely vital that ALL CHILDREN are signed in and out of the Centre and sighted by an Educator. Also please note... children can only be signed out as you are leaving the Centre for safety reasons.

Quality Improvement Plan

A Quality Improvement plan is a document that supports the Centre in delivering quality education and care and to plan future improvements.

Continuous improvement is very important to us here at Little Peanuts and we would really love for families to become involved in this process.

The Centre's QIP is located in parent's corner. The QIP has 7 quality areas. Please see our feedback forms to add your own input.

- QA1: Educational Program and Practice
- QA2: Children's Health and Safety
- QA3: Physical Environment
- QA4: Staff arrangements
- QA5: Relationships with children
- QA6: Collaborative partnerships with families and communities
- QA7: Governance and Leadership



OUR PHONE DIRECTORY

Bush Kids – Kingaroy Service Centre – 0459863800

DV Connect – Women line – 1800811811

DV Connect – Men line – 1800600636

Kids Help Line – 1800551800

Life Line Australia – 131114

Beyond Blue – 1300224636

Kingaroy Community Health Centre – 1800177577

Child Health Drop In and Rhyme and Time – Kingaroy Library - 41899256

South Burnett CTC – 41629000

Centre Care Family & Relationship Service – 41625439

The South Burnett Pantry – 0438071658

Kingaroy Hospital – 41620200

Counselling – Christene Nissen & Associates – 1300012384

Centrelink:

Disability, Sickness & Carers – 132717

Employment Services – 132850

Multilingual – 131202

Families Line – 136150

Medicare – 132011

Schulte's Plumbing – 41632707

Amy Zing Hair – 0435817012

Rachel Stone Podiatry – 41627045

Astills Electrical Services – 41627970

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